



# The Share Foundation

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## WILL YOUR CHRISTMAS BE ARTIFICIAL OR SPIRITUAL?

Christ Jesus through Virginia Essene

Beloved members of the Love Corps and  
all people of good will,

Please breathe deeply from the essence of your soul this very moment as I come to you with love bearing the celestial gold and silver radiance of our awesome Creator's wisdom and love to clothe you in a moment of divine purity and caring. Kindly receive my supportive embrace of rainbow affection and accept my invitation to pause in the busyness of life and remember who you really are, have been, and always will be – a divine creation.

Pause and savor those words, dear hearts. Then read them again. And breathe.

Breathe!

There is no finer advice I could give you, anytime that stress envelops you, than to remind you to breathe. Indeed, during these holiday times when the artificiality and materialism can be so powerful everywhere around you, whether in the brightly lighted stores or from the many media ads that demand your attention, you must breathe consciously. So in the rush of life, always remember how essential paying attention to your breathing really is when you need to release stress and become more stable and balanced.

Dear ones, I appreciate this opportunity of joining with you to share these thoughts about Christmas as a spiritual experience rather than an artificial one. For love is the issue at Christmas, as it is in every moment of human existence! And love has no substitute. Anything that doesn't pour down from your soul or spirit into your heart knowing is only an artificial substitute – a kind of pretending. If you are to have a spiritual experience during your physical incarnation, the feeling of love must reside in your heart since the soul speaks to you with your feeling nature. But you know this deep within your true essence so let us ponder how you can keep the true spirit of Christmas – often called brotherly love – (and that should be thought of as brotherly/sisterly love, of course) this year.

As you may know, nearly every nation and culture in the northern hemisphere celebrates the shortest, darkest days of the calendar year around the December solstice in some way or another, due to the profound way the cold and darkness affect people. Of course there are great differences in why, how and where these celebrations occur, but they are quite universal and their roots lie deep in the human psyche. Those you call the primitive peoples were quite aware of the changing seasons and the dramatic effect of their ever darkening skies, except near the equator where there is a different light and dark ratio throughout the year.

So let us say that humans have always been aware of natural influences that affected them and have acknowledged

nature with genuine respect and appropriate human behavior. Winter and darkness are both physical and emotional experiences that greatly influence behavior as you, yourself, have probably experienced. Most people dislike the darkness and prefer the light. Indeed, the dark can induce fear and concern for one's safety. Yet it is the darkness within - the many unresolved negative emotions - that is the greatest danger because the interior darkness is so difficult to recognize and bring forward into the light.

Even today there are remote areas where humans must live in primitive circumstances with the simplest of housing, food and water, even possible danger from wild animals, yet they know and understand the natural world better than most of you do. Some people pity these people and degrade them, yet they are better able to honor and work with natural cycles than many so-called civilized people are. Having said that, the question then becomes - how do so-called civilized humans who ignore or degrade the importance of natural cycles acquire the values that those cycles offer them? How do they immerse themselves in solitude and introspection that the lack of light - the darkness - and the colder weather induce whether those cycles are consciously understood or not?

I have often spoken to you about the enormous cosmic cycles that affect the planet and all life here. But today I want you to also consider how you can use this time called Christmas to reconnect with nature during this period of decreasing light (in the Northern Hemisphere) because it will deepen your spiritual experience. It is a fruitful time to consciously honor and aid Earth's natural energies because they coordinate with the powerful cosmic cycles also available during this same period called the winter equinox. Your relationship with Mother

Earth and what you call nature can help release you from all things artificial, or unnatural. Who can look into the glittering night sky and not feel awestruck - not feel part of something pregnant with grandeur and promise? Then, dear ones, take advantage of this time of darkness to taste the nectar of your spiritual consciousness and divorce yourself from what is artificial. Bathe in this opportunity of increasing spiritual empowerment.

Then during these upcoming days, as you move into the various religious holidays, including the equinox and Christmas, know they are accompanied by very profound photon belt influences, solar flare activities, and many celestial rays. Indeed, this combination of nature and celestial energies offers the opportunity to improve your consciousness and to apply increasing support for spiritual thought and actions in the world. And, of course, our own realms are simultaneously dedicated to support your integration of Earth's nature cycles with the ongoing celestial empowerments available to help you increase your consciousness. We strongly recommend that you take time to put these two cycles together - the support of Mother Nature and the over lighting essence of your Mother/Father God.

If you reduce the stress in your life, meditate, dream, enjoy nature and wonderful music, create heartfelt companionship and rich moments of deep caring for one another, these higher energies will support and sometimes amplify whatever positive thoughts and actions you have. For other people who do not understand this higher frequency energy, their responsibilities to Mother Earth, and to using their ongoing loss of linear time in a constructive way, life can be very uncertain and insecure. If you can help others understand what is happening and how they can benefit from the positive

activities we frequently discuss, please do so with our gratitude.

Then are you clear what you can do to cause your own Christmas holy days become a treasured time of higher consciousness and deepening spiritual capacity that the shortened hours of daylight request? - And that these higher frequencies from the cosmos require? Is it apparent how you can use these energies to appreciate life and to give gratitude for your own soulful essence which is currently still part of this dense dimensional existence?

Now, especially if you live in the United States, let me ask if you aware of how this calendar period following Thanksgiving (and even after Halloween in some areas) screams with enticements for you to buy, buy, buy? Most businesses want to make as much money as they can and so the orgy of selling, and buying, is nearly everywhere present in the metropolitan regions. Nor will the demand for your spending waver in the days-after Christmas sales, in the heaps of trash to be collected and somehow disposed of, or in the wasteful practices of increasing personal and national debt that will likely lead to financial instability.

Given the increasing materialism of so many Americans, are you wondering what is happening to the American dream? Wondering if it has become a nightmare because of the over-indulgences and greediness of both individual and governmental actions, as well? Are you wondering where the spiritual values are in all of this unpleasantness? Does it seem that most of the world's wealthiest individuals and corporations presently disavow responsibility for the onslaught of human suffering? That the scenario of life on Earth has become very artificial and materialistic?

If you ponder such questions in your quiet moments and then go forth with

powerful intentions to create the positive solution you desire - this, too, is a genuine expression of the Christmas energies. This is a wonderful expression of spiritual creativity!

Yes, I come as your elder brother to remind you that Christmas is about ethical and moral values. And that each of you is responsible for your role in both your personal life and your community's ethics, whether you define ethics as "spiritual" or not! I mean no disrespect to you beloveds in these comments and questions that I am making in my remarks today, but it is essential I encourage each of you to express your spiritual obligations in a nation that was deliberately created to model the ideal spiritual principles humans should live by. Indeed, America was designed to be a country of exemplary citizens demonstrating ethical behavior in their community life.

Now let me move from these comments to amplify the helpful suggestions I briefly mentioned earlier that I hope will assist you in having a truly spiritual Christmas, not an artificial substitute.

#### MEDITATION & CONTEMPLATION

Except for the Christian Bible which very nearly ignores my teaching about the importance of meditation as a path to your own higher self ... and to God... nearly every major religion has recommended meditation as a valuable tool. Some groups have focused primarily on obtaining inner peace while others simply intend to release their fear or learn to trust the divine qualities hidden within them.

Various Eastern religions especially focus on understanding energy – both inside and outside the body. They may recommend various bodily postures called yoga, or even teach various styles of attack & defense positions called the martial arts.

Whatever the intention, there is usually a ritual or behavior that helps the student or believer attain certain qualities or

attributes. Methods such as just sitting quietly to control the mind or to focus on the breathing process are common. The desire is to become unattached to the ego attachments of the physical world and to acquire a new understanding of who one is and how to live a positive life while encased in a temporary physical body. Such desires for peace & enlightenment require behavioral changes so that the participant can achieve a different set of perceptions, understandings and behaviors.

You currently have books such as A Course in Miracles that some of us here in heaven initiated to introduce information about perception and the ways your beliefs limit your personhood's growth process toward spiritual consciousness. But any teaching that seeks the betterment of humanity may be a beginning point in the person's life experience and a person should begin with whichever style of meditative practice they are drawn to use.

Sometimes there is a guru or person with powerful spiritual abilities who helps people attain higher states of consciousness because they, themselves, have attained a state of enlightenment. Other paths may use written materials as guides followed by processes or silence to examine one's perceptions and change them. In all of these opportunities, trust that spirit has a plan to help every human grow as quickly as possible. We of the higher realms work in every culture for the same purpose – to help you remember who you are as a spiritual identity and model. You are never without your soul guidance and our support to it. Now kindly pause to breathe. And breathe once again.

I personally remind you to deliberately breathe, dear hearts, because you can do this any where and any time, especially when you are stressed and life seems chaotic.

This short form of breathing is different, however, than the practice of meditation

which uses breathing to meditate, which I discuss in my book, New Teachings for an Awakening Humanity. In there I said: "To contact the living God within you there must be a daily time of listening established. I have called this experience of quiet listening, meditation. By my definition, prayer is requesting God to do certain things in your life and thanking God for that gift. Meditation is listening, however, and is a different process."

I then spent many pages to further explain my meaning and I strongly encourage each of you to read this chapter again and even to share the book with other people. In fact, I will ask Virginia to make multiple copies of the book available to each of you to give as gifts or leave in public places where others may feel the energy of the book's energy cover, at the least. I wish that each suffering person in the hurricane could receive this book – or others like it, of course, for there are many good ones available now. Yes, dear hearts, for those who are currently suffering it could possibly help people better understand their lives and make changes to reach their highest spiritual consciousness once their grief lessens and they look toward a new way of living their lives.

#### DREAMS

I smile when people tell me they never dream because humans have always had the power to learn and receive guidance through dreams. I suggest they say that they haven't chosen to remember their dream and that will be the truth! Like anything else you want in life, you must focus on wanting to receive your dreams – and literally ask for help through your dreams to happen. Then you must arrange to be receptive and even to write them down when you first awaken so you won't forget them.

You generally receive two types or levels in dreams. There are those that help clear up the negative emotional feelings of daily

life and the more profound dreams carrying inspiration and remembrance of your true estate in spiritual consciousness. Both can be very helpful when you have challenging decisions to make and we recommend you deliberately ask for assistance from your higher consciousness to support clarity whenever needed in such trying times.

Once again, in the New Teachings book previously mentioned, I give further comments about dreams, but of course you may choose other books containing specific dream information of value. I also discuss prophecy which is an experience many of you may yet come to know in this lifetime.

#### MUSIC

There are many sounds that can be combined to make what you call music. There is the kind that is loud and raucous that excites and debilitates the lower three chakras, which is not recommended for you sensitive light workers at this time since it negatively affects your subtle energy fields. And there is the beneficial kind that draws the vital energy upward into the heart, and higher chakras, bringing inspiration and joy.

Music can be either vocal or instrumental, or some combination thereof, and each has a value during earthly life as an antidote to the unpleasant circumstances that physical life can bring. Who has listened to a beating drum and not felt like responding to it? Who has failed to brighten with a feeling of pleasure while listening to a marching band? Or to move your body when happy musical rhythms play? In your human research studies, reports indicate that great symphonic music raises the human vibrational field the highest compared to other musical types. We have also observed that when there is a large audience listening to superb vocal or orchestral music a resonating field occurs

among the audience that benefits everyone present.

Of course songs can be so powerfully sung by either individuals or mighty choruses that some people are moved to tears or even ecstasy. You are fortunate if you choose to sing for yourself or others. But music is also designed for physical body movement, for dancing by partners or groups in cultural patterns such as square or folk dances. And whenever singing and dancing are combined in rich expression, with color added, the soul's delight is overflowing since color by itself is such a profound expression of the light spectrum. In a way difficult to describe, light, color and sound are humanity's panacea.

Now, beloveds, at this Christmas time, and every day, I hope each of you will find the kind of music that touches your own soul and begin enjoying it to the fullest. Music is a special gift from God that helps you remember who you really are. In its richest expression it is love flowing...love in action, and it can touch the heart of anyone who chooses to allow it. Sound is so pervasive a part of the cosmic creative process that right here in our heavenly realms music is a constant source of companionship and exquisite joy. We are never without its celestial beauty.

#### NATURE

As I have often remarked, the planet you call Earth is one of the most beautiful planets in the galaxy and you are her stewards/stewardesses at this special time in her evolutionary cycle as she voyages within your solar system back toward the major center of light in this galaxy. In a way difficult to understand, she has offered to mother you but she also needs your support and caring during the process. This planet is a unified creation and you have been given both the responsibility and the privilege of being

here now to protect the air, water, soil, and all living things as she carries you ever closer to celestial heights.

Some of your authors have called Earth a “living library of beauty” with extraordinary examples of plant, bird and animal life and with huge oceans containing a myriad of life including the whales and dolphins who live within them.

Perhaps you have seen the brilliance of a morning sunrise or the dramatic color of a setting sun? Or walked in a garden of flamboyantly colored flowers, possibly smelling a fragrant rose as you passed? Having been on other planets, as have many of you, I am deeply moved by Earth’s vast scenic beauty and the quantity of her water supply. The high mountains, the many beautiful rivers and lakes and pulsating oceans are quite unique. She is truly extraordinary; there really is only one like her. In short, she is a bejeweled sphere who has given you passenger rights. Give gratitude that she keeps you alive with water and food and beauty during the journey!

So if ever you meet any atheists who deny the Creator’s existence, just ask them to tell you who have planned the unity of life that exists here and who created the grandeur and extraordinary beauty of this place.

#### RELATIONSHIPS

For most human beings the gamut of bliss and despair usually experienced in sharing one’s life with others are normally related quite specifically to their desire for meaningful relationships and the need to be loved with a deep sense of permanent caring. It is part of what you call human nature and consequently may affect every thought, feeling and action. Some might say it is part of your design since it is God’s desire that you know and express the qualities of love, compassion and caring for all of life.

As I have often remarked, your FIRST relationship is your soul’s companionship with the Creator and its subsequent challenge of remembering how to express that identity while encased in a dense physical body. So the physical life is a time of releasing any false misperceptions carried prior to birth and then weeding out those newly acquired misperceptions given to your memory records after physical life begins.

When appropriately understood, supported, and applied, your lifespan can be filled with heartfelt companionship between your soul essence and your current personhood which then supplies a life filled with qualities of self-growth and higher consciousness. This is the AGREEMENT=MANIFESTATION principle which I have often previously shared.

Following your own personhood’s alignment between spirit and the physical, you naturally reach out and find another who can appreciate and reciprocate your state of consciousness.

After the two of you join in collaboration from your own higher states to create a new bonded relationship, you become partners. This energy partnership is the bonding referred to biblically as “the two or more” which means we can increase the energy support more easily to the unity of a pair than to separated individuals.

Once the pair is working together as partners, then the extension of that celestial agreement reaches out into the larger group, or the greater number, allowing an every greater energy power to support participation in making positive changes. Over the past years I have shared that this is the COMMUNITY CREATIVITY principle needed on Earth right now in order to solve humanity’s desperate problems. It is your primary tool to achieve spiritual progress during the present cosmic cycles that demand

and then support all positive intentions and actions with powerful creative energies. These energies are always available for supporting your intentions but are harder for most of you to utilize individually or in small numbers. You have the expression, “The more the merrier” which may help you understand the creative process. The more hearts and minds that are simultaneously focused on a single outcome the more likely that intention will occur. That is why the world peace meditation on Dec.31<sup>st</sup> is so valuable. Millions of people around the world simultaneously intending peace at the same time do make a difference.

So the collective positive power of a group or a larger community is a vital tool to help shift perceptions and actually change people’s beliefs and attitudes about caring for all of life. Conversely, the negative perceptions and actions of individuals, partners, and communities only debilitate spiritual and social community endeavors.

Knowing how powerful large numbers of people intending positive results truly is, then let me ask you to participate in having humanity intend to care for life here on Earth, for the air, water, soil and the life forms different from your own. And please take every personal, partnership and community energy opportunity to bring your spiritual attitudes into your protective relationships with the plants that feed so many living things and the trees and forests that help you breathe!

Always care for the animals that you have domesticated and that give you such enormous unconditional love. Be responsible for their welfare. And do not neglect those land animals you call wild...nor those many sea mammals such as your whales and their smaller playmates, the community-oriented dolphins. Eons ago, whether you

remember it or not, I was called the Dolphin King and you may someday see various symbolic pictures of me in relationship with them.

Birds remind you of song and flight and are to be protected except when huge numbers create health or other problems. For those who choose birds as your pets, always remember what they are teaching you and be kind to a creature that is being denied its freedom to fly. Perhaps you can remember the quick movement of a bird in flight and remember the sound it uses to communicate, often for simple joy. May you all acquire the ability to sing your own song, as they do, and let it enrich your life. ... It is not surprising that you have had several beautiful movies about birds recently, and other living creatures, as well. Each of these was created by a human’s heartfelt response to practice what humanity has been called to do – protect other life forms.

Now for those insects and living things that are not mammals, be they ants, earthworms, bees, and the like, learn how they behave – how they utilize the principle of cooperation to assure the perpetuation of their species. There are vital lessons here for humanity to be learned.

Beloveds, let me bring this concern for other life forms back to the subject of whether Christmas will be artificial or spiritual. Amidst the beautiful music and the joyful times of sharing in personal and group settings, can you also dedicate some time, energy and monetary support to other causes than your own pleasure? Can you make that concern for other humans and other life forms part of this Christmas season more potently than every before? Will you join with others whenever you can to remember that the story of the baby Jesus’ birth is not about me but about you? For you are the universal Christ child, if there is one.

At the same time, I remind you that you came to Earth as part of an enormous celestial family adventure that contains many spiritual lineages representing eons of experience in creative intention and application. I do not care which religion the good hearted have used to achieve higher consciousness. I ask only that you utilize your abilities to help heal the planet and support the other life forms here. All of you are sincerely focused on moving human consciousness into a higher spiritual level while these cosmic energies are here to encourage and help you do that. What better time that a spiritual holiday at a high energy time to remind you to reach out with your gifts of support to other people and to organizations who intend the greater good?

I remind you that you are not without what you call "the tools of the trade." You are light workers and you have these tools, these abilities, within you. Do you doubt their existence, beloveds? I hope not but let me review them with you as a present day reminder that you have their capacity lying dormant within, simply awaiting recognition and acceleration in this present life if you desire it. Let this reminder on my part be a holiday gift or sort for it comes with great love and concern.

Please smile with your heart and soul as you review your spiritual nature with me, for it is my desire that the holy days ahead deepen your cheerfulness so you can share that joy and love with others. Be grateful for life and send your soul love out as the Creator's ambassador... as a representative of angels, and a helpmate of mine, if you desire. These characteristics are always there when you want to express them individually and when you are willing to work with others to combine your mutual capabilities.

Dear hearts, you know the feeling of love because your soul was created with this love. So you have both the power of love

and what some people call intuition, or inner knowing. You have wisdom to use your body, brain and mind to sense energies of all kinds because your body is the template, the temple, designed to make that possible. And at long last you now have evidence of how your brain actually works on light! So healing the brain will be a gift to many if you choose to learn and use this recent information to especially help children and adolescents, but also suffering adults.

You have physical eyes to see physical beauty and spiritual eyes to observe life with your heart's compassion. Some of you may not see the colors of light and energy that exist around you but you can at least sense and imagine them based on the sheer beauty of the planet's beautiful rainbows. Perhaps modern technological improvements with color film usage in movies and TV has helped make the concept of human energy fields more real for you?

In addition to eyesight, you have physical ears to hear the glorious music and the sounds of life on Earth as well as the inner hearing to listen to your soul's guidance...and its vibrant connections to celestial realms. That is to say that many of you today are becoming clairaudient.

Now some of you beloveds could complain that you cannot do all of these things, but I remind you that if you wish to expand your abilities you must make efforts in that direction. For example, you can read helpful materials, attend positive speakers, and use public broadcast radio and TV programs to learn more valuable information. Some movies and videos can be uplifting and you can attend any number of healing programs to help you while you work alone or in groups. Remember, also, that in addition to family and friends, there are many different kinds of counselors available in a myriad of healing modalities from whom you can

begin the exploration of further growth, health and joy.

You can also be involved in constructive group activities whose intentions are to have this common interest of healing and expanding spiritual consciousness even while serving humanity. There can be great joy in such mutually constructive associations as you join your energies together for positive goals. So, beloveds, I request that you be appreciative of your own fine spiritual qualities and honor those sacred reflections you perceive in the lives of others.

Though you are wonderful individuals, your true identity is community oriented. When cooperating together you are the Mother/Father's family. Then let the Christmas season enrich and deepen that truth, beloveds, and as you have enjoyment for yourself, family and friends, please also extend your concern to the wider world beyond to help avoid the artificiality of the season. When you offer your time, money and energy support to other people and the spiritual, social and environmental organizations that serve humanity, you bring a smile to your own precious heart. This inner smile comes from your soul and the feeling is the inner recognition of your glorious eternal nature and is a powerful expression of the true meaning of Christmas.

MAY THIS CHRISTMAS BE A TRULY SPIRITUAL OCCASION AND PART OF AN EVER DEEPENING SOULFUL LIFE. And may you feel my loving concern and support for your life's purposes now and forevermore. So be it.

Amen, amen and amen...

CHRIST JESUS

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## MESSAGE FROM VIRGINIA

Dear spiritual friends and Love Corps family,

It is my special joy to wish each of you a wonder-filled holiday this month that is named after our beloved elder brother, Jesus. So Merry Christmas and thank you for helping the world make Christmas the spiritual rather than a materialistic event.

To my surprise, Jesus has recommended that we offer you a special price on his New Teachings for an Awakening Humanity book - either for your own home delivery so you can give away to friends or simply to leave them in public places yourself without identifying yourself as the source. When some Love Corps subscribers did this anonymous gifting of his book a while ago Jesus was very pleased with the results.

Or he suggested that you can donate money to Share Foundation for the books to be distributed by us to survivors of the hurricane disasters, if you prefer that idea. Please see the enclosed order form to indicate your level of participation.

Since less than half of our subscribers were able to receive Jesus' spoken Thanksgiving message on the web site, he will be giving about a 15 minute TELEPHONE CONFERENCE CALL for those who wish to hear his Christmas message on Monday evening, December 19<sup>th</sup>, at 6:00pm Pacific Standard Time.

CALL (605) 772-3001 and when prompted, TYPE IN ACCESS CODE NUMBER 770083#. Notice the # SIGN after the CODE number. This restricts callers only to the phone contact I'll be using for him from my home in California. He has asked that the call not be interactive so NO PERSONAL COMMENTS OR QUESTIONS will be allowed this time.

He has also asked that you not give this call-in information to anyone else who doesn't subscribe to the Love Corps newsletter, out of respect for your fellow subscribers. However, he said you should feel free to share the message with anyone you wish after you hear it yourself.

I need to share with you that I am reluctant to do this conference call – even for the 96 people allowed on our line at the same time that doesn't cost Share Foundation any money. Why? Because when I've been on conference calls a few people are very inconsiderate of other callers with noise that can ruin a pleasant experience. Therefore, as a trial we are limiting conference participants to 96 to see how it goes the first time – hoping that will encourage folks to be prompt in dialing in exactly at 6:00pm. If you call in late you may not get into the system so feel free to call in a few minutes early.

Anyhow, subscribers will have to pay their phone company whatever charge there is on the bill for their call to the (605) 772-3001 number. In other words, each caller pays for their own phone call.

So, dear friends, if you choose to call please be prompt and courteous. Especially do not make background noise if using speaker phones so everyone else hears all background rattles and distractions - which can ruin it for both the speaker and the other participants. Jesus will determine the need for further calls based on what happens this time, so let's work together and have a good mutual experience. Meanwhile, please help this 77 year old gal move ahead in learning more about these useful technical things. Your support is greatly appreciated!

Oh, it is about time for you to decide if you wish to subscribe to the newsletter again next year. It would be helpful to me if you could subscribe early during the holidays, before the end of December, in

case I have to travel in January. It has been a difficult year for me, personally, filled with computer problems that have affected you, as well, and I ask your forgiveness for things that didn't go right. I think I'm smarter about the opportunities in using computers now than when I started, so am looking forward to a smoother, happier year ahead. I would enjoy sharing Jesus with again you in 2006.

PLEASE USE ENCLOSED FORM TO SUBSCRIBE.

Finally, on behalf of Share Foundation board members Diana, Jan, Pat, Violetta - and myself - we all wish you the most spiritual Christmas holiday possible given the challenging times in which we live. Our dear Alma also sends greetings as she spends a few hours with me every month to help keep things going.

Let's all agree to join with others of like mind and heart to keep the positive energy flowing and to intend to stay balanced and healthy as we complete this holiday, this calendar year, and approach the New Year with hope and peace and love.

I am extremely grateful to have had the privilege of coming to know some of you Love Corps family better than ever before and I thank you most sincerely for your help and understanding during this time of personal transition on my part. Because of folks like you I am encouraged to stay on course as long as possible and to support the continuing work of our beloved elder brother, as do many of you.

With deepest gratitude for your presence on the planet, and for your gifts to the world, I close with many blessings, many hugs, and much love,

Virginia

