



# The Share Foundation

1556 HALFORD AVENUE, 288  
SANTA CLARA, CA 95051-2661, U.S.A.

TEL: 408-248-8244 EMAIL: LOVECORPS@SHAREFOUNDATIONNETWORK.COM

Sept/Oct 05

## **LIVING WITH COSMIC CYCLES & HUMAN-CAUSED DISASTERS**

### *Christ Jesus through Virginia Essene*

Celestial greetings to the Love Corps and to light workers everywhere,

Once again it is my enormous joy to share some spiritual moments with each of you through this written message and to link our hearts and minds together in a sacred bonding of divine caring! Then may I bring the radiant consciousness of our beloved Creator's sparkling gold and silver energies into your subtle body fields to encourage and inspire you during this time of an exciting galactic cycle that is bringing you ever-closer to the homeland of your soul's creation? And may I bring information of possible value to you that will be useful in understanding why you have come to this particular planet during this specific historical time period?

Of course I, and your other teachers and mentors, have shared much of this information with you over the past 30 years, updating cosmic news as it affects you. So I return to this topic today because you tell us that you enjoy hearing it and because it helps you make sense of what is happening in everyday life. It is also essential since many of you have experienced, or heard of, recent catastrophes that naturally bring up fearful emotions and concerns for the future of your personal existence.

As I said to you nearly 20 years ago in the book called *New Teachings for an Awakening Humanity*, "Have you ever wondered what Jesus would say to you if you could see him on TV or hear him speak by radio to mankind?"

I refer back to this book because it is one of many attempts I have made to introduce the ideas that we are ever available to assist you and to provide vital information when you decide to ask for our help. In the *New Teachings* book, which I recommend you have in your possession, I said ... "Because of the severity of your situation, I do not speak in biblical terms or in the "thee's" and "thou's" of former phraseology. My words are not intended just for so-called Christians but for everyone...Truly I speak so that you can complete this long journey of return which all prodigal sons and daughters started eons ago."

"I come to advise you that humanity is not alone in the Universe...that your Earth is now being raised back into the higher love dimension she once held...and that only those humans who choose peace will be co-creators in this cosmic process. Time is critical. YOU are needed. Will you help?"

So my dear ones, that is why I have often shared information about the universe and galaxy in which your planet dwells and how Earth, and your own lives, are affected by these cosmic cycles that your earthly scientists have yet to identify and comprehend. Humanity has been ignorant for a long time but even in these

last 20 years since I spoke that 1986 message, many positive things have happened.

Indeed, life is changing because many of you asked to grow in consciousness, in wisdom and love, and in fulfilling your role in the divine plan. And, beloveds, because you have been willing, because you seek peace, that willingness has brought many of us here to continue sharing information that will assist your greatest security and growth.

Now, before we proceed with any further comments related to cosmic cycles and why you should be thankful for them, especially in America at this time of harvest and Thanksgiving, please be willing to pause and breathe an enriching breath that acknowledges the sacredness of your true identity. Feel that truth move in and out with your actual physical breathing.

Breathe deeply now and as this first breath finally leaves your body, simply pause and enjoy this moment of remembered eternity flowing inside every aspect of your being.

\*\*\*\*\*  
\*\*\*\*\*  
\*\*

For your second breath, continue drawing in God's love and let the beauty of love's movement course within each part of your present reality. Breathe out and pause in gratitude that you have both breath and the ability to remember why this body was given as a container for the eternal soul to appear on Earth and share its wisdom and love.

\*\*\*\*\*  
\*\*\*\*\*  
\*\*\*

Now continue breathing another five breaths in a healthy, measured pace. Feel each individual breath and command it to bring the greatest love you can imagine into every cell of your physical body.

pause.....

.....Breathe again and ask each cell to dance with the remembrance of God's eternal power in you.  
pause.....

.....Breathe again and let each cell brighten its willingness to be healthy and vital.pause.....

.....Breathe again and ask each cell to begin a cooperative relationship with every other cell in your body.  
pause.....

.....Breathe again and see a vibrant community of beautiful cells shining more brightly and healthily than ever before.  
pause.....

.....Breathe in enormous joy as your cells accept their role as creative helpmates, seeking only your greatest physical, emotional, and mental balance.

\*\*\*\*\*  
\*\*\*\*\*  
\*

Now pause a little while and picture yourself as a totally healthy and sacred person worthy of God's love!

\*\*\*\*\*  
\*\*\*\*\*  
\*\*\*\*

Only continue reading after pausing to enjoy this quiet time of conscious breathing.

Perhaps you are ready now to return to a more intellectual understanding of cosmic cycles and why you should be grateful that your solar system, and Earth, are being affected by them at this time. Why YOU should be grateful for extraordinary physical experiences such as light waves,

photon belts and solar flares that grant your personhood more frequent moments of reality spent with your soul and its communication in higher frequencies...though these influences require physical upheaval and personal change!

For those of you living in America, the last months of severe weather storms and flooding in the south have been shocking. Though grateful that just 1,000+ persons were killed, an area approaching 100,000 square miles (similar in size to the United Kingdom in Europe) has been affected at a probable rebuilding cost of over 500 billion dollars, if a total rebuilding is even feasible.

The loss of homes and possessions just in New Orleans forces a large population to migrate elsewhere, to ask for governmental support, and rebuild their lives as best they can. It would not be surprising if half of the New Orleans residents never return there again after migrating to other regions. Americans are not used to suffering the kind of calamities the country has experienced since September 11<sup>th</sup> began and many people are in severe emotional stress. Fortunately, this suffering has helped many people open their hearts to the emergency needs of others and therefore helped you learn to express my – and other – teachings calling humanity “to love your neighbors.”

Yet this American loss is not as severe as the 35,000 losses in Pakistan – or in less developed areas where the tsunami rampage killed over 100,000 people and left many countries in turmoil. In 2004-2005, alone, the effects of monsoons, torrential rains, floods, earthquakes, typhoons and droughts have taken their toll in killing and wounding many - but also by leaving a path of destruction that has caused a lack of water, food and shelter for the living.

Many more, especially infants and children, are ill and will succumb without medical care and the necessities of life. For those of you who have remained safe at home, this call to assist the less fortunate will be coming from many organizations, religions and cultures who are offering everyone the opportunity to live by the golden rule taught you over the generations. It is interesting, is it not, that these natural catastrophes have clearly demonstrated your human vulnerabilities in very obvious ways? And especially offered members of materialistic societies an opportunity to become more heartfelt and caring about all of life?

Based on these recent events, many blame Mother Nature for being cruel, as even you might have thought. This is not true! She is simply adapting to the great comic cycles beyond her in order to retain her magnetic field and orbit, even as she must also respond to the physical damage being done to her by the human race. Therefore, she is under two different influences that affect her response and is striving to retain a state of balance.

Let me discuss both of these influences to help you understand what is happening and how best to cope with it all. To do this, please picture the vastness of space in your imagination and bring some of that enormous activity from a Universe that is expanding its consciousness now right down to your Milky Way galaxy with its 200+ billion planets. Now see your solar system way out on the far perimeter of the galaxy's orbit gradually moving back toward the power center of the galaxy. Because your solar system is at quite a far distance from the center of Creator's light, it usually takes about 26,000 Earth years to make its full orbit. Since you are at the half-way mark now on your return home, consciousness will continue to improve over the next many thousand years of the journey. To physical beings this seems like

a long time, of course, but what I want you to focus on is just this present portion of your planetary journey that's happening today.

To do this, please imagine a spinning top or a gyroscope that quickly revolves in one circular position. Then imagine that cosmic energies from deep in space are causing this top or gyroscope to shift its movement a little bit. This may help you understand how the physical planet is being affected by increasingly powerful magnetic energies of light waves, accelerated photon influence, and even fiery solar flares that she must try to balance.

Therefore, please tell everyone that Mother Earth, and what you call nature, is not being deliberately cruel with weather storms like tornadoes, hurricanes, floods, and earthquakes, etc. She does not start the day desiring to harm the people living in certain countries or to hurt people of a specific race or religion. No. There is absolutely no malice of intent toward anyone or anything. But what happens to the planet in response to certain physical laws of the galaxy and solar system which affect her are not her only challenge. She must also respond to certain harmful actions perpetrated upon her by humanity – those living and dead.

In other words, humans must learn how your planet is affected by galactic causes yet also acknowledge how your own actions have previously harmed the planet and continue to do so today. In a very real sense, as we shall discuss, humanity is part of the equation that causes disasters to happen all around the planet. Some of this harm is from ignorance and some is from deliberate choice.

Since many of you are not necessarily conversant with current theories in physics I will make this as simple as possible.

Most of your greatest scientific thinkers realize that what you call the “laws” of

physics are really just theories attempting to explain what you call “observable phenomena.” So what they are describing is a theory that has been consistently true for people here on the scale of human experience. In other words, something that is repeatable and consistent in its behavior. However, when you theorize about the central matrix of the galaxy or how the universe began in a “big bang” you cannot presume to have an observable phenomenon.

Nonetheless, you must begin with something to postulate and so some present-day thinkers say that the universe is probably expanding with enough force to continue forever. But if it does collapse, they say, it will take at least another ten billion years to do so, thus relieving you of any serious concern. On the other hand, as one famous scientist suggests: What if the Universe is expanding in such a way that no matter where you are, it is expanding uniformly away from you”?

Questions like these – and those regarding black holes, quarks, strings, fractals, holograms, etc. - are very interesting and may one day help you understand how the material worlds interrelate with higher physical levels. However, they do not directly explain what effects your physical planet and your individual lives are experiencing everyday during this time period. Nor do they take into account the essential relationship between what you call physical energy and spiritual or divine energy from which everything begins. Until you have more sophisticated technical equipment than you have now, none of this is provable. Nonetheless, these are important matters to consider and will eventually lead you to higher truths upon which physical life functions.

For the moment, let me just share that within the spiral of your particular Universe, its present primary intent is to

grow in consciousness. And it is this information that is contained in the energy output it releases that affect all other spiritual and physical objects contained within its sphere of influence. From it, down into the many galactic centers, certain flows of intentional energy exist and interrelate that are at the basis of causation. A flows to B creating certain energy responses and the results of those new, more dense energies, then flow from B to C, then C to D, etc., etc., etc. These interchanges are both what you call vertical and horizontal in innumerable levels beyond words to describe so let us just agree that life is a teeming interplay of what you presently call spiritual and physical realities.

Your body is a good example of this energy interplay even though most of you cannot see the various subtle energy fields outside your physical vehicle. This composite energy pattern around you is the matrix from which the body forms and is maintained as it interacts with innumerable other energies flowing onto the planet from what you term space, and also from various planetary grids and vortices. Your body feels solid to you yet I assure you that it is not. It is in actuality an inner playground of many different kinds of energy relationships which is why certain people in past cultures have been able to live on this planet for many hundreds of years. Of course, some were here at a time when the higher energies from the galaxy fostered life in a different way than what you presently experience today at denser levels.

If you study non-Christian religions like Hinduism, for example, whose teachings are full of information about energy fields outside the body, and their various techniques of food and exercise to maintain those energies for excellent health and long life, you realize how devitalized present Christian teachings are.

For I, myself, taught such energy truths to my disciples and some apostles of long ago.

It is a sad truth but your present bible has been castrated by unloving power seekers from church administrators who did not want you to realize who you really are! So nearly everything that I taught 2,000 years ago has been deleted over the years. And, of course, since 2,000 years ago was such a dark and limiting time, there were many things that could not be spoken about to the average person since you had no technical equipment to help you see how life really worked. Today, of course, you have many kinds of equipment that explain how energy works.

Radios and recordings carry invisible sound waves and demonstrate how clairaudience, or inner hearing, works in the human being. TV adds invisible pictures to remind you of your clairvoyance, or inner seeing, as well as telepathic abilities or thought transference from one mind to another. Computers show you how your own brain works and why your personal programming and life choices can bring forth either positive or negative outcomes. You have an expression ...garbage in/garbage out...that helps explain how your very own body system operates.

Then be grateful and thankful, beloveds, that the current position of your solar system in the galactic spiral is rotating away from the darkest – most ignorant – location. Welcome the fact that Earth's devolution away from the center of galactic light and wisdom has now begun an evolutionary movement within the galactic rotation back toward higher consciousness. Yet you must understand what this change requires of all humans.

**THESE INCOMING FREQUENCIES ARE INTENDED TO HELP YOU RELEASE LIMITING HABITS AND ACTIONS OF SELF-INDULGENCE**

AND SELF-CENTEREDNESS. THE ENERGIES ACTUALLY CONTAIN A HIGHER VIBRATION THAT MAKES IT EASIER TO GROW IN CONSCIOUSNESS AND ACHIEVE A CLOSER RELATIONSHIP WITH OUR MOTHER/FATHER CREATOR...AND ALL OF LIFE.

Dear hearts, those of you reading this message have waited many lifetimes to utilize what these extraordinary energies bring to help you attain spiritual evolution. So please accept the challenge and opportunity that this increasingly potent cosmic shift offers.

Think about how the past 25-30 years has increased human awareness of your solar system and outer space activities. Recall how your technical advancements and familiarity with the idea of space travel are part of the linear time changes you once labeled a Golden or Aquarian Age. Whatever you have termed it, now you feel its increasing energy effects much more dramatically than before and will hopefully respond to its requirement to grow in spiritual caring and higher consciousness.

Today, this feeling that time is vanishing has become even more obvious to you as your solar system expresses the effects of the photon belt and the latest fiery solar flares upon it and its planets. So please express appreciation that your planet has begun this flowing orbit back toward truth and greater consciousness and be grateful that the Earth changes ahead of you are a beneficial opportunity at this specific moment in galactic time.

Though you are embarking on a long and fruitful return into higher consciousness, surrounded by new technical equipment to help you make this journey, in a very unique way you are also pioneer shepherds leading the flock back to greener pastures and purer waters. While the human journey will involve ever-increasing

technical knowledge and inventions as you reach higher levels of knowledge from “beyond linear time” frequencies, always remember that it is your innocent sacred heart that leads you to your ultimate destination!

Now is a good time to pause and take several deep breaths as I ask you to accept responsibility as an Earth dweller for considerable damage that is being done to the planet by greedy and unloving people. Please remember that your Earth has both dense matter and spiritual energy qualities, just as you do. Consequently, both are presently being affected as the solar system moves a little more quickly along its eventual return to the Creator.

Take a moment to picture Earth as a spinning top or twirling gyroscope to help explain what you are experiencing as the solar system, and Earth, move ahead more quickly. As long as the top has sustained, balanced energy it will continue to rotate, but if you influence or change the pattern it will shift, possibly change direction, or even tilt before crashing. Though this example of Earth as a top or gyroscope isn't absolutely accurate, I hope you see my point about the need for an orbiting object to stay balanced.

Because the Earth is being affected by the solar system's increased speed and light, it is vital for humans to notice this and take advantage of what is likely to happen such as extreme weather conditions and even the possibility of what has been called a “pole shift” – a turning of the sphere off its normal axis. However, these are not absolutes if humanity determines to adopt new attitudes and actions that support the planet's – and other life form's – needs. What your universe asks of its life forms now is very simple. BECOME MORE CONSCIOUS AND APPLY YOUR CREATIVITY IN POSITIVE WAYS. I share this comment to remind you of your creative capabilities and to encourage you

to further empower these new creative energy opportunities to change the future of life on Earth by both your personal and group intentions.

The exciting news is that the acceleration is also assisting with spiritual advancement as time becomes less linear and you are able to approach frequencies of a higher vibrational realm. On the one hand you may experience more physical challenges to your body and material possessions but this is happening as your spiritual consciousness gets a boost up from 3<sup>rd</sup> dimensional reality...if you choose to take advantage of its opportunity. So wisdom dictates that you must use your spiritual opportunity to meditate and listen within for guidance and direction in order to deal with whatever physical world events take place. I have spoken about this so often that some of you tend to ignore its value...but you do so at your own peril, dear hearts. Because this guidance is so critical, you will be reminded to deepen your time in the silence on a daily basis and in the dream state by all of your teachers and guides.

Now I wish to discuss the problems Earth faces today that are not caused by galactic cycles but come from humanity's own ignorance, greed and perverseness. If I asked you what some of the most deleterious and harmful things humans have done to the planet and its other life forms here, what would your list contain? Pause to reflect on the question and make a list of 3 things humanity does that you believe cause serious problems for the planet and other life. You know there are many more harmful actions than the three I've asked for but please start with three, at least. When next we meet I will give you our perspective on the various deleterious activities humans do or have done to the planet. For now, however, I ask the loving creator within you to

contemplate what harmful things you have noticed.

- 1.
- 2.
- 3.

Which of these 3 harmful actions do you feel is the worst? And most importantly, what are you doing to make the situation better? As you Americans celebrate the Thanksgiving holiday I hope you will make a pledge to dedicate some portion of your life energy to altering the governmental and corporate malfeasance that pollutes and harms the planet and other life forms.

I ask you this because some people think that all a "spiritual" person need do is meditate the problem away, but as you saw in the recent floods and storms, that was not sufficient. Spiritual intention is powerful and greatly helps life in many ways, but each of you is also a spiritual helpmate with your physical world work. I ask you to use wisdom and love as a Love Corps member and do all you can to practice good citizenship and protect all life.

Moreover, at this particular time it is essential that you plan to work together in groups to better use the higher vibrational frequencies you are entering. Why? Because their nature requires unity! That is why community or team efforts are vital for you to practice now. You must learn new skills of cooperation in all relationships in order to advance into higher and higher frequency realms where unity and harmony are essential!

Dear hearts, this has been a long message with considerable repetition but as the weather, political and economic changes accelerate, I hope you will feel more secure about life and release any anxiety and fear about the future. I promise that anyone who comes of good intentions to

grow in love and forgiveness will always be supported in their soul goals for this incarnation. At the same time, you must be practical and plan ahead to provide the basic necessities of life in case of any unplanned emergencies or challenges.

Do you have an extra supply of food, water, clothing and alternative heat and light? Everyone needs a first aid kit. How will you communicate with loved ones? Have you discussed what yorevacuation plans are? And do you have an address list of all important contacts that might be needed? Many people caught by a storm's fury were short of extra cash for more provisions, so take a day to seriously plan for an emergency and be prepared!

Many in large cities are spoiled by having constant access to nearly all conveniences. For everyone, but especially you, we highly recommend that you stock up at home, in your offices, and automobiles so you can relax and enjoy a sense of greater security. Those usual stores you rely upon may not be open to serve your emergency needs.

Above all, even though you have innumerable teachers and guides from our realm, it is your own soul's devotion to the Creator that is the greatest guide of all during your physical body experience. If you do your best to treat others the way God loves you - and them - you will be on a path of spiritual purpose that will continue bringing you back into higher consciousness... even with an occasional detour. (Smile)

Until we meet again in the quietude of your mind and the gentleness of your heart, I remain your constant elder brother who wishes you only peace and joy in this earthly adventure called life. The message I brought to Earth 2,000 years ago remains constant. **YOU ARE KNOWN IN THE HEART AND MIND OF OUR MOTHER/FATHER GOD ETERNALLY AND ALWAYS HAVE FREE WILL**

## CHOICE TO LIVE IN THAT LOVE...OR ELSEWHERE.

If all goes as planned, I will offer a spoken message through Virginia on the web site for the Thanksgiving holiday time regarding the importance of gratitude.

CHRIST JESUS

### MESSAGE FROM VIRGINIA

Dear friends and Love Corps family,

Because of our computer person's inability to get the July/August '05 newsletter sent out, as promised, as I was leaving for New Mexico, I feel the need to apologize for the poor timing you've had to experience again with another issue during this subscription year.

The good news for me is we will have more reliable help henceforth and I, myself, will be learning more about how I can use computers to serve our beloved elder brother.

I hope by now you were able to use the web site by having the two words needed by subscribers: always use capital letters only. User word is JOYOUS followed by the password DISCIPLE. If you have any problems with this Sept/Oct issue, please email [Kat@sharefoundationnetwork.com](mailto:Kat@sharefoundationnetwork.com) with a copy to me also at ..... [lovecorps@sharefoundationnetwork.com](mailto:lovecorps@sharefoundationnetwork.com) Thanks very much.

My trip to Albuquerque, New Mexico to attend a Tom Kenyon event included a deeply moving visit down to our special spiritual Celestorium site on the Mesa land near Belen - 30 miles south of Albuquerque. I also co-led a wonderful Equinox on the Harmonious Earth Community Foundation's 110 acre site for a future community building there which was also very moving for me. In short, it was a wonderful trip and I had the added

joy of watching nearly 700 hot air balloons lift into the azure sky on several clear days when their international balloon festival was scheduled and had good weather. If you ever feel playful in October, I highly recommend this event to lift the spirits. Each balloon is unique and colorful as it glides up on the early morning draft needed to get it moving skyward.

Since Jesus has reminded us again about potential earth changes and the necessity of being properly prepared physically as well as spiritually, wherever we live, I hope you will really sit down, seriously plan your needs, and do whatever it takes to be safe. I need to do the same thing here in CA earthquake country, of course, with special attention to my medical needs.

Finally, I intend to put a short spoken (verbal) Thanksgiving message on the web site if all goes well. Look for it after Nov.22 if you have web site sound capability. It would be helpful for me to know who of you can receive web sound so after Thanksgiving I'd appreciate a quick email to [lovecorps@sharefoundationnetwork.com](mailto:lovecorps@sharefoundationnetwork.com) identifying yourself as having this capability on your computer. Based on what you tell me, if many people can't hear a web message, then I may do a conference call for him before Christmas for those who can't get web sound and want to hear a vocal message through me on the phone. Participants only pay for the phone call to the number given them to make a U.S. call, I'm told, and the call will probably only be 15 minutes long.

If there will be a conference call, you will receive an email in December to inform you of how and when this conference call will be done. Ok? I hope this is clear to everyone. I am sorry if a few people don't have the computer model and skill to get web sound messages but this plan is being directed by Jesus/Jeshua and he has asked me to deliver his crucial and /or important

messages on the web site if we have the electrical power to do so. He tells me that each of us must be willing to learn new things and make an effort to help ourselves, which is not easy for me at age 77, but it's what I'm trying to do, myself. In any case everyone will have the email version of our last newsletter which will be the Nov/Dec. issue. Ok?

Let's review:

1. Those with web sound capability please email me to that effect after you hear the Thanksgiving message and it comes through satisfactorily.

2. Plan on having the Christmas telephone conference message only if most people don't have web sound capability...in which case you will be given an email message containing necessary instructions on where and when to call in.

Lastly, I wish you a healthy and wonderful life during these challenging times and giving you enormous gratitude for your support to the Share Foundation through these 20 years of service...

Much love, many hugs, and blessings forever,

Virginia